

Open Group Schedule		indicates group is not eligible for travel pay and/or is not facilitated by the Mental Health Service		
Monday	Tuesday	Wednesday	Thursday	Friday
930 - 1200	1000-1100		0900-1000	0900-1000
Screening/Assessment for Substance Abuse	CWT Info Group Room 208 (4th Tues of month)		Depression/Anxiety Group Desk 60 - Room 208	Learn to Knit <i>Open to Vets, Family & Staff</i> Bldg 1 ground flr, Room 1
Desk 60 - Bldg 8				
1100 - 1200	1000-1100	1100 -1200		
WRAP	Learn to Crochet	Stress & Anger Management		
GE Dayroom - Bldg 31	<i>Open to Vets, Family & Staff</i> Bldg 1 ground flr, Room 1	GE Dayroom - Bldg 31 <i>(1st 4 Weds. of each month except July & Dec)</i>		
			1100-1200	
			WRAP	
			GE Dayroom - Bldg 31	
			1100-1200	
			Smoking Cessation Group (Patients gather at D60)	
			WMF Pt Educ. Rm.	
	1300-1400	1300-1400		
	WRAP	WRAP		
	GE Dayroom - Bldg 31	GE Dayroom - Bldg 31		
	1300-1400	1300-1400		
	Open Studio (Art Therapy) <i>Open to Vets only</i>	Creative Journaling <i>Open to Vets, Family & Staff</i>		
	Bldg 1 ground flr, Room 1	Bldg 1 ground flr, Room 1		
			1530-1600	
			Ecumenical Prayer & Praise with Protestant Chaplains	
			VA Chapel - Bldg 1, 1st flr	
1800-1950		1600-1700	1800-1900	
VA/NAMI Family Support grp Building 44		Vet to Vet Group Desk 60 - Room 208	AA Meeting/Men's Meeting Building 44, Rm. 103B	
last Monday of the month		<i>Saturday @ 9:00</i>		

Other Specialized groups and therapies are available with a referral from your clinician