

Open Group Schedule

indicates group is not eligible for travel pay and/or is not facilitated by the Mental Health Service

Monday	Tuesday	Wednesday	Thursday	Friday
930 - 1200	1000-1100	1000-1100 - <i>2nd & 4th Weds</i>	0900-1000	0900-1000
Screening/Assessment for Substance Abuse	CWT Info Group Room 201 (4th Tues of month)	HUD VASH Support Group Room 201 Russ & Wilder	Depression/Anxiety Group Desk 60 - Room 208	Learn to Knit <i>Open to Vets, Family & Staff</i>
Desk 60 - Bldg 8				Bldg 1 ground flr, Room 1
1100 - 1200	1000-1100	1100 -1200		
WRAP	Learn to Crochet	Stress & Anger Management		
GE Dayroom - Bldg 31	<i>Open to Vets, Family & Staff</i>	GE Dayroom - Bldg 31		
	Bldg 1 ground flr, Room 1	<i>(1st 4 Weds. of each month except July & Dec)</i>		
	1200-1300 - <i>1st Tues monthly</i>		1100-1200	
	Sacred Stories Circle		WRAP	
	<i>Open to Women Veterans</i>		GE Dayroom - Bldg 31	
	Attendees gather at D60 wait room			
			1100-1200	
			Smoking Cessation Group	
			(Patients gather at D60)	
			WMF Pt Educ. Rm.	
	1300-1400	1300-1400		
	WRAP	WRAP		
	GE Dayroom - Bldg 31	GE Dayroom - Bldg 31		
	1300-1400	1300-1400		
	Painting for Relaxation	Creative Journaling		
	<i>Open to Vets only</i>	<i>Open to Vets, Family & Staff</i>		
	Bldg 1 ground flr, Room 1	Bldg 1 ground flr, Room 1		
			1530-1600	
			Ecumenical Prayer & Praise	
			with Protestant Chaplains	
			VA Chapel - Bldg 1, 1st flr	
1800-1950		1600-1700	1800-1900	
VA/NAMI Family Support grp		Vet to Vet Group	AA Meeting/Men's Meeting	
Building 44		Desk 60 - Room 208	Building 44, Rm. 103B	
last Monday of the month		<i>Saturday @ 9:00</i>		

Other Specialized groups and therapies are available with a referral from your clinician