

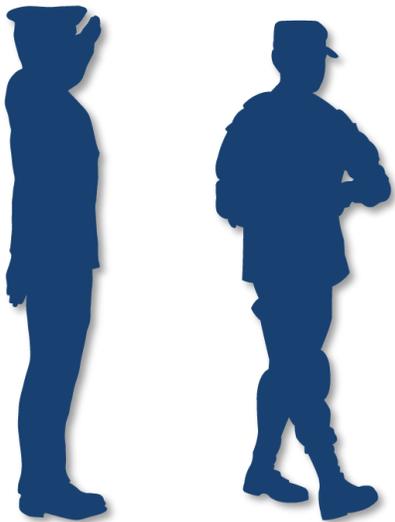


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Service Members, Veterans, and their
Families Technical Assistance Center

Governor's Challenge to Prevent Suicide among Service Members, Veterans and their Families

New Hampshire



Suicide Prevention is a national priority



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In 2018, the Substance Abuse and Mental Health Services Administration (SAMHSA) and the Veterans Health Administration (VHA) partnered to advance the strategic implementation of suicide prevention policies and practices for Service Members, Veterans, and their Families (SMVF).



Suicide Prevention is a NH priority



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New Hampshire 2016*

NH Suicide Rate	22.1**
# Veteran Suicides	33
NH Veteran Suicide Rate	30.6

United States 2016*

Nat'l Suicide Rate	17.5**
# Total Suicides in NH	237
Nat'l Veteran Suicide Rate	30.1

*U.S. Department of Veteran Affairs, 2016, NH Veteran Suicide Data Sheet

**Rates are per 100,000

VA/SAMHSA are sponsoring local & state work



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Participating states and communities are receiving technical assistance through SAMHSA's SMVF TA Center to:

- Form interagency teams that bring together civilian and military stakeholders to advance suicide prevention initiatives
- Build capacity to support the strategic implementation of the **National Strategy for the Prevention of Veteran Suicide**
- Develop policy to practice implementation plans

Technical Assistance Provided by SAMHSA's SMVF TA Center:



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- Policy Academies
- Implementation Academies
- Conferences
- Facilitated Strategic Planning—Site Visits
- State-to-State Learning
- Subject Matter Expert Consultations
- Training & Consultations from the RAND Corporation
- Webinars/Learning Communities
- Resources & Publications

7 states were selected to participate in Governor's Challenge:

New Hampshire

Colorado

Texas

Montana

Arizona

Kansas

Virginia



The NH State Team & Partners



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Multi-disciplinary team

30 stakeholder agencies/departments represented

30 active team members

10 counties represented

19 serve, or have served, in the U.S. Armed Forces



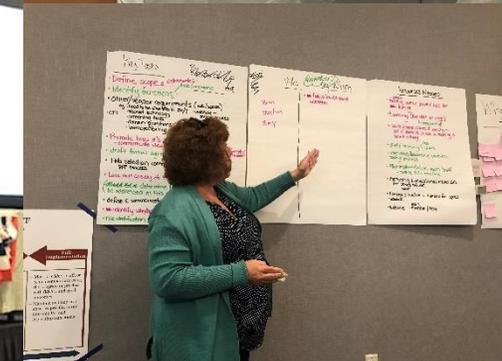
More are always welcome!

Timeline

10/3/18	NH receives invitation to participate
10/8/18	Governor expresses desire & commitment
11/5/18	Team Lead notified NH selected
12/6-12/7/18	Site Visit #1
2/6-2/8/19	Policy Academy
3/13-3/14/19	Site Visit #2
5/15-5/17/19	Implementation Academy
7/16-7/17/19	Site Visit #3



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Governor's Challenge Timeline





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PRIORITY 1:

DEVELOP A COORDINATED STATEWIDE SMVF SUICIDE PREVENTION EFFORT

Intended Outcomes

- Consolidation of groups currently duplicating efforts.
- Increase in awareness about existing resources & services.
- Increase in # organizations utilizing Ask The Question components
- Increase in provider competency through standardization & increased availability of Military Culture Training.
- 6 strategies



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PRIORITY 2:

ESTABLISH A CENTRALIZED, STATEWIDE RESOURCE & REFERRAL HUB FOR SMVF

Intended Outcomes

- Elimination of barriers to accessing services SMVF currently experience.
- Implementation of a sustainable process and network that includes & supplements the VA, NHNG, and community organizations.
- Increase in quality of service delivery through standardized processes & training.
- Creation of community-based, coordinated network of care for SMVF that addresses social determinants of health.
- 1 strategy



PRIORITY 3:

STRENGTHEN ACCESS & DELIVERY OF SERVICES LEADING TO SUICIDE PREVENTION AND RECOVERY CARE FOR SMVF

Intended Outcomes

- Reduction in barriers to immediate, high-quality and accessible care.
- Increase in levels of social connectedness for veterans in rural communities.
- Increase in public awareness of the signs of suicide risk.
- Creation of well-defined postvention protocols allowing valuable information to inform program & practice evaluation across sectors.
- Reduction in risk for survivors and families through more effective communication of postvention resources.
- 9 strategies

What does this mean for your organization or profession?



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- Benefits of more measurable outcomes leading to a reduced veteran suicide rate in NH
- Future opportunities to replicate evidence-based practices in your profession, organization or community
- More awareness of the services & resources available to SMVF in NH will lead to better outcomes in treatment
- Ability to access quality resources for your organization at little or no cost
- One place to seek assistance & resources when you don't know the answer
- Trust in a well-coordinated and well-trained network of providers when you refer
- Increased referrals for your organization if you actively participate in the network

How can you help or support the Governor's Challenge?



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- Get involved! Additional professionals from all fields are welcome to join in the work!
- Take advantage of services & resources that will be offered.
- Spread the word to other businesses.
- Spread the word to SMVF.
- Collaborate with the Governor's Challenge Team when planning events, activities or initiatives.



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together we're stronger



NH military & civilian groups are working to implement best practices aimed at preventing suicide among service members, veterans and their families.

Join Us!