

<b>Open Group Schedule</b>		indicates group is not eligible for travel pay and/or is not facilitated by the Mental Health Service		
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
930 - 1200	1000-1100		0900-1000	0900-1000
Screening/Assessment for Substance Abuse Desk 60 - Bldg 8	CWT Info Group Room 208 (4th Tues of month)		Depression/Anxiety Group Desk 60 - Room 208	Learn to Knit <i>Open to Vets, Family &amp; Staff</i> Bldg 1 ground flr, Room 1
1100 - 1200	1000-1100	1100 -1200		1000-1200
WRAP GE Dayroom - Bldg 31	Learn to Crochet <i>Open to Vets, Family &amp; Staff</i> Bldg 1 ground flr, Room 1	Stress & Anger Management Desk 60 - Room 118 <i>(1st 4 Weds. of each month except July &amp; Dec)</i>		Open Drawing <i>Open to Vets only</i> Bldg 1 ground flr, Room 1
		1100-1200	1100-1200	
		WRAP GE Dayroom - Bldg 31	WRAP GE Dayroom - Bldg 31	
			1100-1200	
			Smoking Cessation Group (Patients gather at D60) WMF Pt Educ. Rm.	
	1300-1400		1300-1500	
	WRAP GE Dayroom - Bldg 31		Open Studio (Art Therapy) <i>Open to Vets only</i> Bldg 1 ground flr, Room 1	
		1400-1600		
		Creative Journaling <i>Open to Vets, Family &amp; Staff</i> Bldg 1 ground flr, Room 1		
	1500-1600		1530-1600	
	Open Studio (Art Therapy) <i>Open to Vets only</i> Bldg 1 ground flr, Room 1		Ecumenical Prayer & Praise with Protestant Chaplains VA Chapel - Bldg 1, 1st flr	
1800-1950		1600-1700	1800-1900	
VA/NAMI Family Support grp Building 44 last Monday of the month		Vet to Vet Group Desk 60 - Room 208 <i>Saturday @ 9:00</i>	AA Meeting/Men's Meeting Building 44, Rm. 103B	

Other Specialized groups and therapies are available with a referral from your clinician